

Energy Efficiency Tips

We understand that with the rising costs of living and energy prices many people are finding it hard to pay their bills. We also want to ensure all of our homes are as energy efficient as possible. In addition to planned maintenance and improvements work, there are things you can do to be more energy efficient and to lower your bills.

Money and energy saving tips:

- Turn lights off when you leave the room.
- Switch to low energy LED lightbulbs in your home .
- Do not leave appliances like TVs on standby, turn them off properly.
- Do not leave phone chargers plugged in when not in use. Turn them off at the wall.
- If you can, use your washing machine in the evening or over night. Some washing machines
 have delayed start functions to do this. If you have an 'Economy 7' type off-peak electricity
 meter, you will save money. If you do not have an off-peak meter, you will still help the
 environment by reducing energy demands at peak times.
- Wash clothes at a lower temperature, e.g. 30° rather than 40°.
- If you can, try and do one less load of washing a week.
- Keep your fridge/freezer at the right temperature (5°/ -15°) and allow air to circulate behind your fridge.
- Do not waste water by leaving your taps running when brushing your teeth.
- Only boil the amount of water you need in the kettle.
- Cook with lids on pans and try to choose the right sized gas/electric ring for the size of the pan. Any flames that rise up the side of the pan will be wasted heat. Induction hobs are very efficient.
- Turn down your thermostat by one degree, or use an hour less heating a day. It can save up to 10% of heating costs. Remember a comfortable living room temp is 18°.
- Draw curtains at dusk to keep heat from being lost through windows 10% of heat lost from homes escapes through the windows.

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