

# Free counselling for domestic abuse victims



If you're a resident in South Norfolk and have experienced domestic abuse, you can access six free counselling sessions through Dawns New Horizon, a charity dedicated to supporting victims of domestic abuse.

Sessions are flexible and can take place at a venue and time that suits you. Our qualified counsellor can support you with:

- Counselling & coaching
- Safety planning
- Rehabilitation
- Completing forms
- Signposting to other agencies

To access support, please speak to your local Housing Officer. Or contact the Help Hub at:

**Email:** [helphub@southnorfolkandbroadland.gov.uk](mailto:helphub@southnorfolkandbroadland.gov.uk)

**Phone:** 01603 430431/ 01508 533933

